RESPECT-Mil

(Re-Engineering Systems of Primary Care Treatment in the Military)

FIRST-STEP System:

Electronic Case Management

Sheila L. Barry, Associate Director Program Development and Training SAVANNAH, GA 14-16 JUNE 2010











FIRST-STEPS...

★ Fast Informative Risk & Safety Tracker

and

★ Stepped Treatment Entry & Planning System



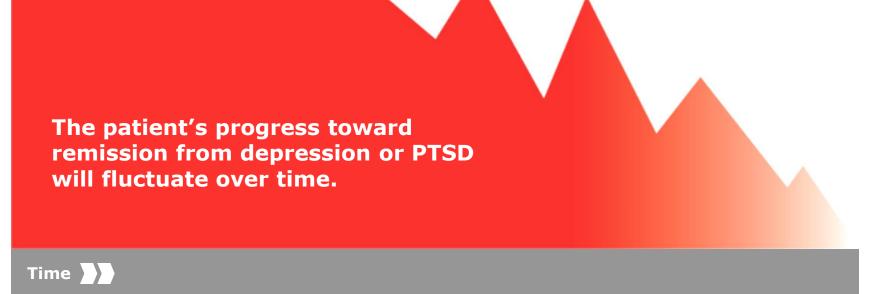
FIRST-STEPS...

- ★ Designed specifically for use by RESPECT-Mil Nurse Care Facilitators and staffing Psychiatrists
- ★ Tracks individual patient progress overtime relative to depression and/or PTSD as managed through Primary Care
- ★ Flags cases with elevated risk levels for suicide and those not progressing toward remission
- ★ Is HIPAA compliant and resides on USAMITC server



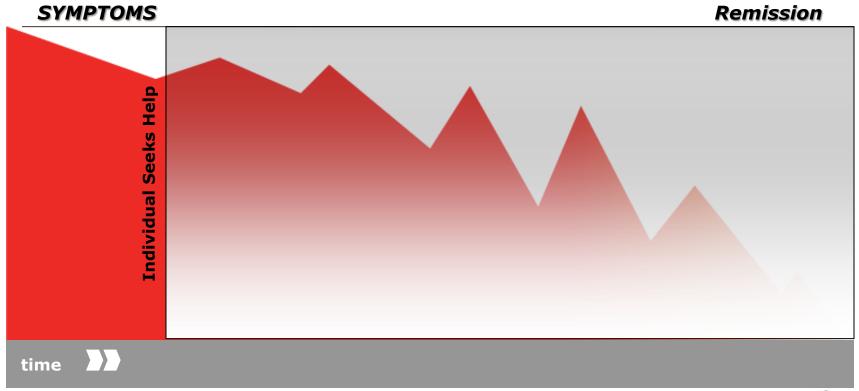
Tracking Patient Progress...

GOAL: Remission from depression/PTSD



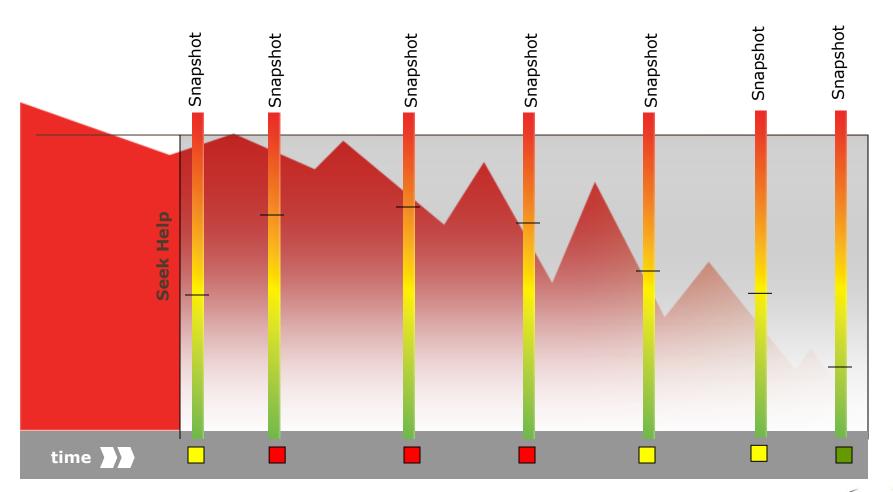


An <u>Episode</u> of care is the period of time when the Care Facilitator must *review*, *manage* and *monitor* the health of the patient.





Care Facilitator telephonic contacts collect Snapshots of information





Care Facilitation Process

- ★ Initial contact at 1 week
- ★ Follow up contacts at 4 week intervals to monitor progress via PHQ-9 and PCL
- ★ Prepare for weekly Case Staffing with Psychiatrist
 - ★ Staff cases with the Psychiatrist based on 'rules' acuity, lack of progress, SI risk, lack of engagement, etc.



Cases for Staffing Review

- ★ New cases with any level of SI risk
- ★ Any active case where Facilitator documents any level of SI
- ★ Cases without a ≥ 5 point drop in score over each 4 week interval
- ★ Cases with significant barriers to treatment adherence (e.g., side effects, waiting lists, etc.)
- ★ Cases of Remission
- ★ Cases that go inactive PCS, ETS, Transfer, nonparticipation, etc.



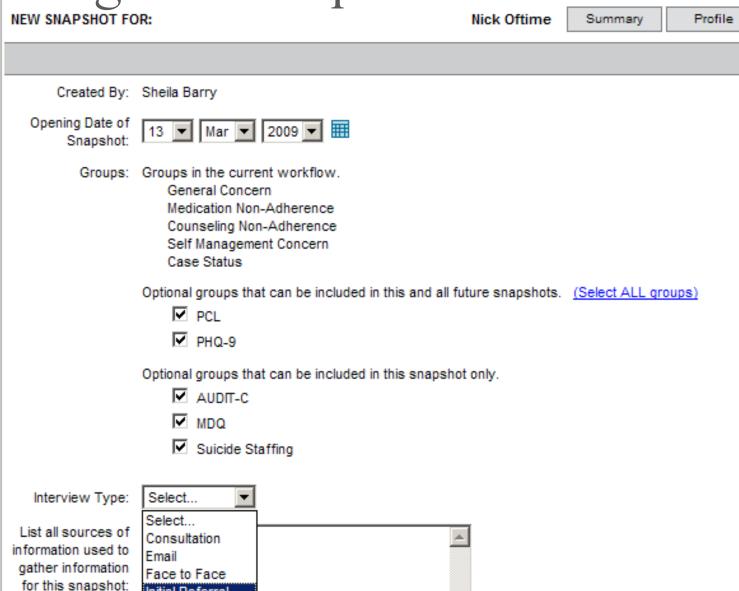
Automation of Management & Monitoring



Opening a New Episode

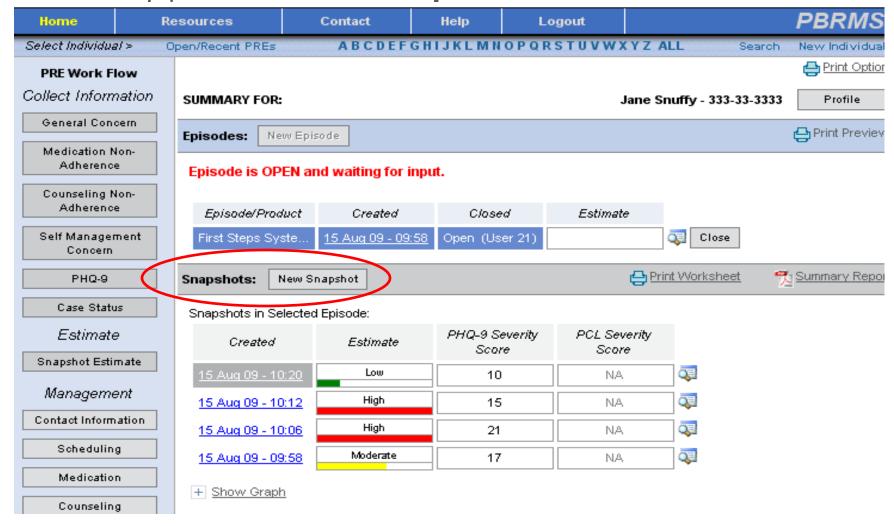
Initial Referral

Other Telephonic



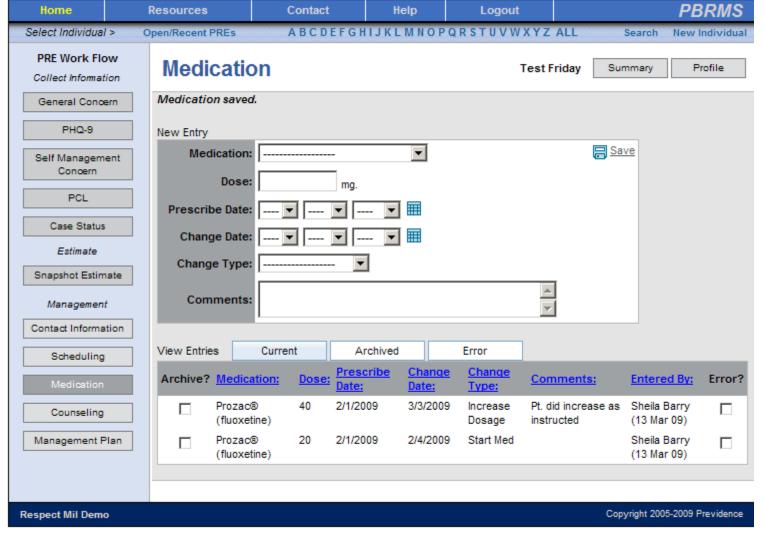


Initiating a New Snapshot



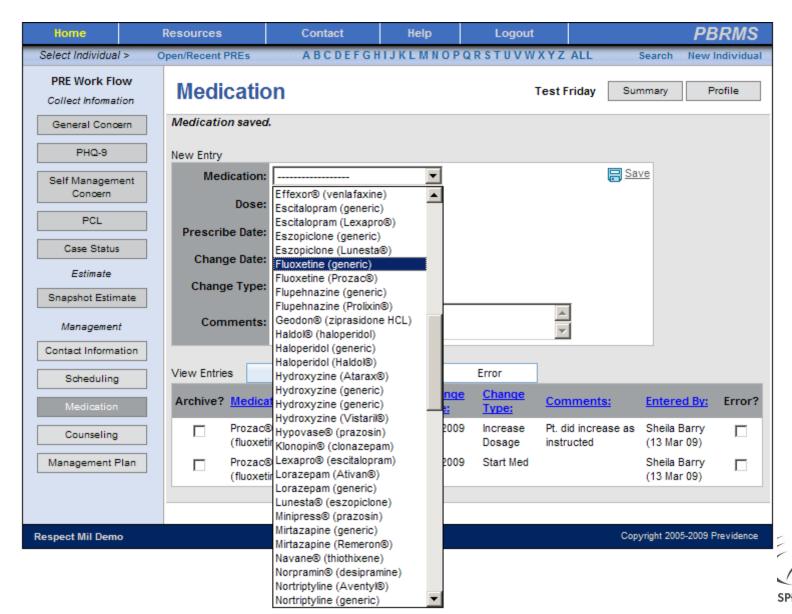


Medication List and Tracking...

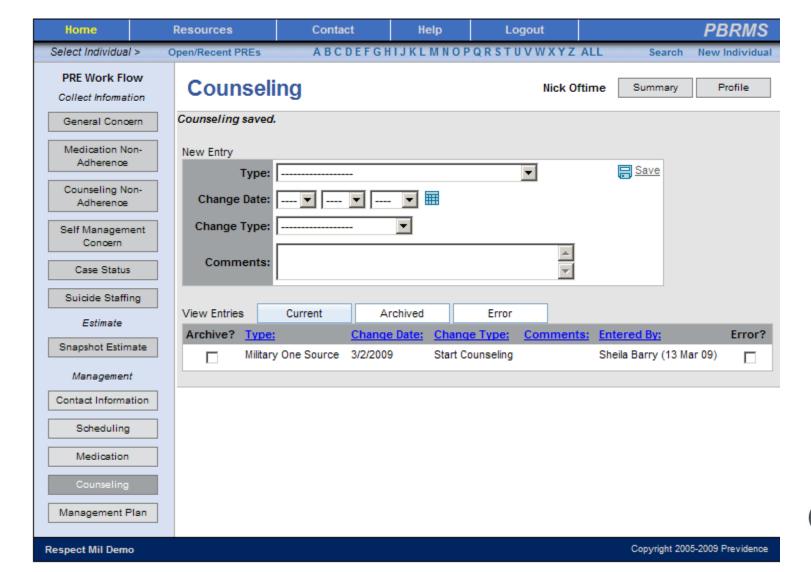




Medication List and Tracking...



Counseling List and Tracking





Counseling List and Tracking



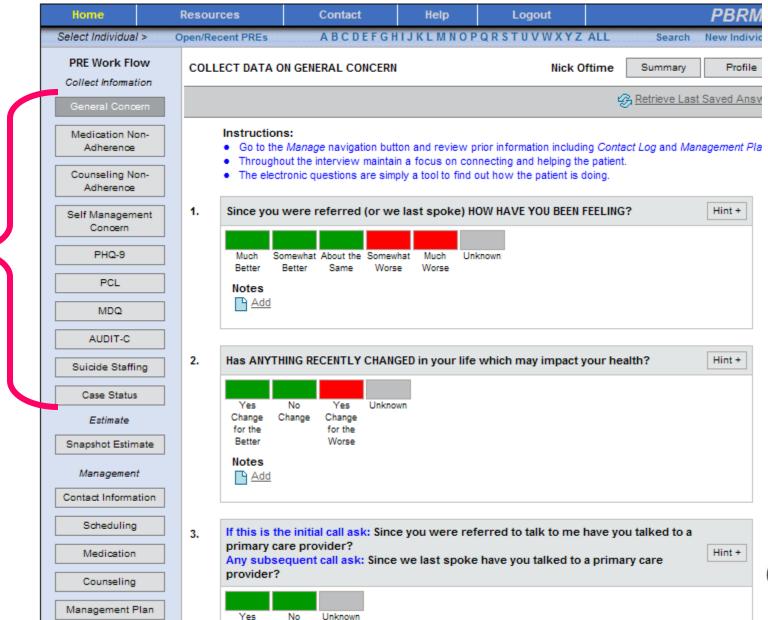


Ten Modules to Monitor Progress and Safety

- 1. General Concern
- 2. Medication Non-Adherence
- 3. Counseling Non-Adherence
- 4. Self-Management Concern
- 5. PHQ-9
- 6. PCL
- 7. MDQ
- 8. Audit-C
- 9. Suicide Staffing
- 10.Case Status

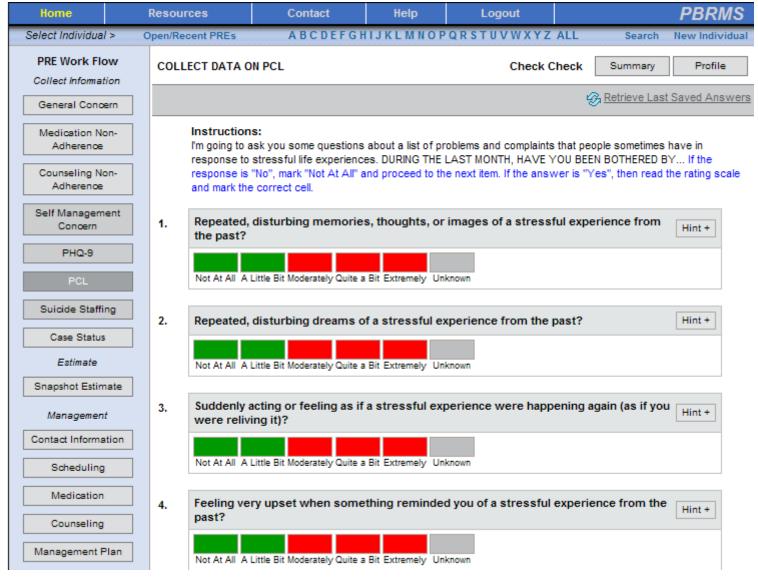


Ten Modules to Monitor Progress and Safety





Automated PCL and PHQ-9 for Symptom Monitoring





Suicide Risk Module

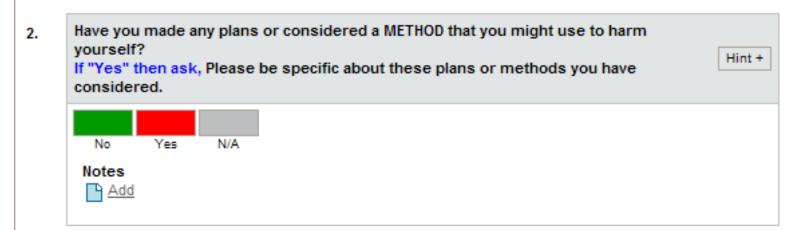
1. So you've told me that you've had thoughts that you would be better off dead. Have you actually had some thoughts of hurting yourself in some way?

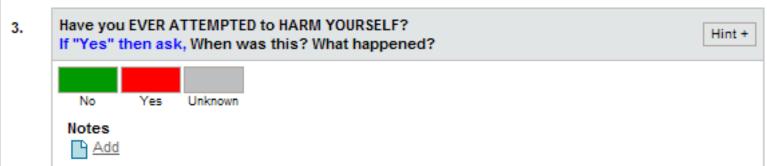
If patient answers "No" answer ONLY questions 3 and 4 and continue to the next screen.

No - Ask 3 Yes - Ask Unknown and 4 ALL

Notes

Add







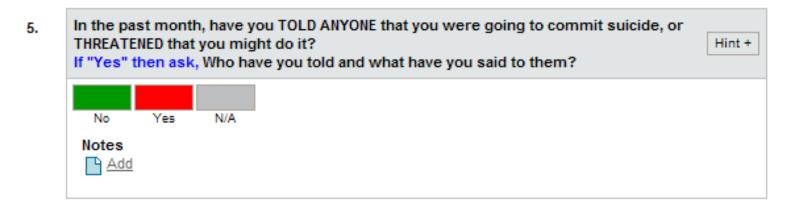
4. SOME people who think about suicide actually go on to hurt themselves. Is there any chance you might actually make an attempt to harm yourself in the near future?

If "Yes" then ask, Can you be specific about how you might do this?

No Yes Unknown

Notes

Add







Staffing Urgency Guidance

COLLECT DATA ON SUICIDE STAFFING

Friday 27 March (Check) - 123-55-4321

Summary

Profile



The indicator below is based on the patient's responses to the suicide questions. "Suicide Staffing" is the TIME you have until you MUST PRESENT this patient to your behavioral health champion. You may upgrade the suicide staffing according to your judgment, but you may not downgrade it. EMERGENCY is defined as "Suicide attempt is imminent or in process." Select the appropriate cell.

> Recommended Current Usual A Week A Duty Day Emergency

Notes



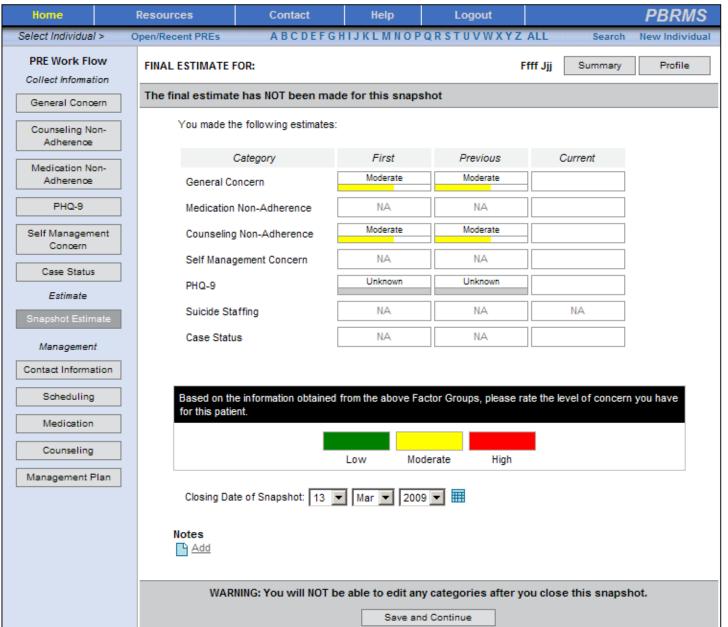
27 Mar 09 - Please shorten the 2nd sentence to: "Suicide Staffing" is the Tl...

Save and Continue

Save and Add Group

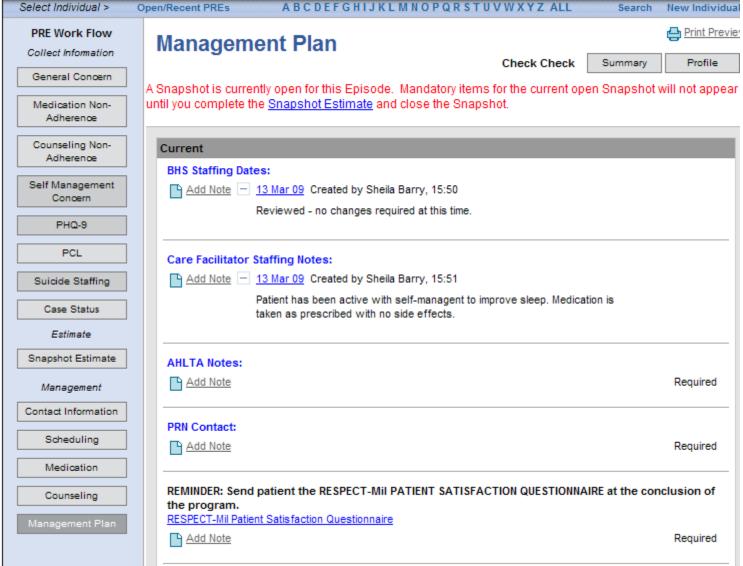


Nurse's Level of Concern





Staffing and Management Notes



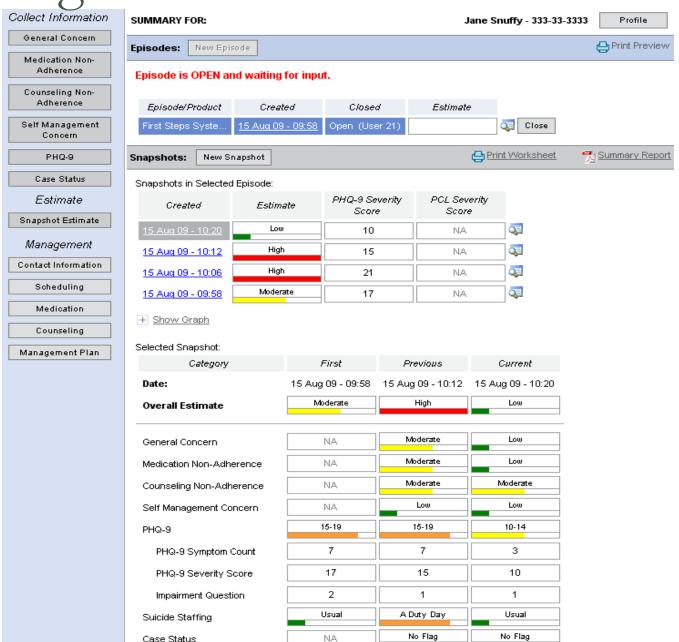


Patient Review Based on Acuity of Risk and/or Illness

Home Resources		Contact He		Help	Logout			PBRMS				
Select Individual	 Open/Recent P 	REs	ABC	DEFGH	IIJKLM	N O P	QRSTUV	VXYZ	ALL	Se	earch Nev	v Individua
Acuity							IMPORTA Welcome.	NT MES	SSAGE		GE FROM Ple to the Prev	
Acuity	Acuity Case Closure Call Schedu		Schedule	Caseload		Clo	Closed Cases					
MY VIEW UNIT VIE	EW										-	Print Previe
<u>Unit</u>	<u>Name</u>	Suici	de Staffing		ilitator ncern	<u>Deployers</u>		<u>Tx</u>	Tx Non-Reponse		<u>Last</u> <u>Staffing</u> <u>Date</u>	<u>Last</u> <u>Contact</u>
Schofield Barracks	Anderson, Jeff	А	Duty Day		High		Not Deploying		Yes		25 Feb 09	25 Feb 09
Fort Hood	April, Test		Unknown	Mo	Moderate		30-80 Days	No)		25 Apr 08
Beta Fort Bliss	Bb, Be	Usual		Moderate			60-90 Days	No)	2 Oct 08	2 Oct 08
Germany 2	Bbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbb		Usual	High				No)	10 Oct 08	10 Oct 08
Germany 1	Braxton, Bruce	E	mergency		High				No)		12 Aug 08
Fort Campbell	Brinkerhoff, Lance	Usual		Moderate			60-90 Days		No			13 Nov 08
Beta Fort Stewart	Bunny, Bugs	gs A Week		Low		Not Deploying			No			31 Oct 08
Beta Fort Stewart	Fee, Fe	Usual		Low			30-80 Days		No		31 Oct 08	27 Oct 08
Schofield Barracks	Gracen, Larry		Usual	Mo	oderate		Not Deploying		Yes	5		30 Oct 08
Beta Fort Bliss	Harry, Dirty	А	Duty Day		High		Not Deploying		No)		20 Oct 08
Germany 2	Hatch, Richard		A Week	Ur	known				No)		19 Apr 07
Fort Stewart - Tuttle	Highspeed, Allen		Usual		High		Not Deploying		No)		12 Aug 08

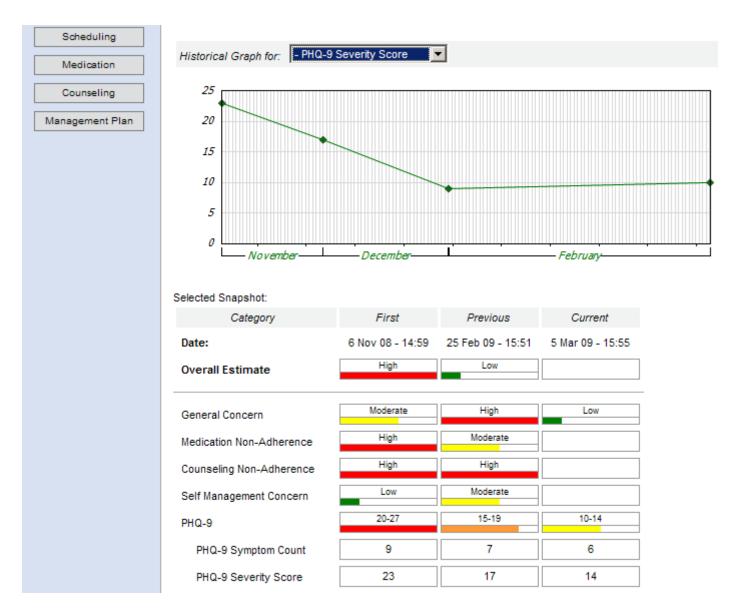


Staffing Drill Down





Graphing to View Progress





Case Closure Based on Clinical status and Program Guidelines

Home	Resources		Contact		Help	Lo	Logout		P			BRMS	
Select Indivi	idual > Open/Red	ent PREs	ABCDEFGHIJKLN			N O P Q R S T U V W X Y Z A			LL Search New Individual				
Case Closure									MESSAGE FROM PREVIDENCE Welcome to the Previdence Risk more				
Acuity	Case Closu	re Call Schedule		Cas	eload	Closed Cases	d Cases						
MY VIEW UNIT VIEW													
Facilitator	Unit	Name	Admin Stat Chai	tus C	Clinical Case Status Change	Other Case Status Change	Unschedul or Past Du Follow U	ie P	Months rogram heckup	Low PHQ-9	Low PCL		
Barry, Sheila	Beta Fort Stewart	<u>X, V</u>		(X		X				
Barry, Sheila	Fort Stewart - Tuttle	Highspeed, Allen	X			X			X				
Barry, Sheila	Beta Fort Stewart	Pan, Peter				X			X				
Barry, Sheila	Germany 2	Oftime, Nick				X			X				
Barry, Sheila	Germany 1	November, Ten					X		X				
Barry, Sheila	Germany 2	<u>B. S</u>							X				
Barry, Sheila	Fort Campbell	Charles, Ronald							X				
Barry, Sheila	Fort Stewart - Tuttle	Friday, Test							X				
Barry, Sheila	Beta Fort Bliss	Moody, Maude M							Х				

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Summary...

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- ★ Tracks individual patient progress overtime relative to depression and/or PTSD as managed through Primary Care
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Questions & Answers

